

Red Rose Road Runners
Grand Prix
13 Arches Half Marathon
Race Date - 4 November 2023

Competitor	Handicap	Result	Min/Km	Ratio	Points
Anthony Pope	00:06:43	02:36:12	00:07:24	90.69%	30
Rob Mather	00:05:05	02:02:38	00:05:49	87.42%	29
Simon Major	00:04:13	01:45:01	00:04:59	84.69%	28
David Park	00:04:07	01:42:52	00:04:53	84.59%	27
Philip Butler	00:04:39	01:57:59	00:05:35	83.28%	26
Christopher Bridge	00:04:10	01:47:12	00:05:05	82.04%	25
Stuart Cann	00:04:27	02:00:32	00:05:43	77.84%	24
Stephen Woodruffe	00:04:15	01:55:27	00:05:28	77.55%	23
Ben Donoghue	00:05:07	03:07:24	00:08:53	57.59%	22

Competitor	Handicap	Result	Min/Km	Ratio	Points
Zoe Cain	00:05:58	02:20:05	00:06:38	89.94%	30
Katy Cleece	00:06:26	02:35:01	00:07:21	87.62%	29
Andrea Davison	00:07:14	03:07:24	00:08:53	81.36%	28
Paula Plowman	00:05:16	02:18:32	00:06:34	80.22%	27
Samantha Edwards	00:04:24	01:56:56	00:05:33	79.28%	26
Alison Parkinson	00:05:23	02:26:30	00:06:57	77.44%	25
Alison Mercer	00:05:48	02:38:19	00:07:30	77.20%	24
Michelle Jolly	00:05:17	02:31:47	00:07:12	73.49%	23
Susan Heatley	00:06:12	03:01:36	00:08:36	72.04%	22
Ann Donoghue	00:06:12	03:07:24	00:08:53	69.87%	21